

# Noncompliance and Defiance

## FosterParentCollege.com® Syllabus

### Introduction

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Expert – Dr. Rick Delaney, author, lecturer, and practicing psychologist

This course introduces the spectrum of cooperation and noncompliance and shows caregivers how to determine whether a child's behavior is cooperative or noncompliant.

### Spectrum of Cooperation & Noncompliance

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The spectrum of cooperation and noncompliance ranges from fearful cooperation to defiance, with a zone in the middle of the spectrum called self-assertion.

### Quiz: Cooperation & Noncompliance Myths

A short trivia game tests viewer's knowledge of cooperation and noncompliance myths.

### Spectrum Exercise

An interactive exercise helps viewers determine where on the spectrum to place children's behavior in response to a request.

### Common Reasons for Cooperation Problems

1. Noncompliance can be typical or average (or desirable) behavior.
2. Noncompliance can be related to intellectual disability.
3. Noncompliance or over-compliance can be related to trauma.
4. Noncompliance can be related to physical causes like hearing problems, processing problems, substance exposure, and many others.
5. Other issues.

### Effie & Aaron

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In the first case study, Dr. Delaney interviewed Effie about Aaron, her 4-year-old grandson.

- Neglected by mother
- Disobedient

## Spectrum Exercise – Aaron

Effie logs Aaron's behavior for the earlier and later parts of the day.

Two exercises help viewers identify whether Aaron was cooperative or noncompliant during each of the events that Effie recorded in her log.

## Next Steps for Aaron

Dr. Delany provides next steps Effie can take to encourage Aaron to cooperate:

- Build a relationship with Aaron
- Give Aaron attention, praise, and affection
- Coach Aaron to express his needs
- Negotiate with Aaron

## Trent, Shelly, & Gabriel

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In the second case study, Dr. Delaney interviewed Trent and Shelly about Gabriel, their 10-year-old foster son.

- Abused by mother's boyfriend
- Not assertive

## Spectrum Exercise – Gabriel

Trent and Shelly log Gabriel's behavior for the earlier and later parts of the day.

Two exercises help viewers identify whether Gabriel was cooperative or noncompliant during each of the events that Trent and Shelly recorded in their log.

## Next Steps for Gabriel

Dr. Delaney provides next steps Trent and Shelly can take to encourage Gabriel to self-assert:

- Track Gabriel's behavior
- Raise Gabriel's awareness of his needs
- Coach Gabriel to express his needs

## Alisha, Brian, & Isabel

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In the third case study, Dr. Delaney interviewed Brian and Alisha about Isabel, their 12-year-old foster daughter.

- Ongoing problems
- Seems depressed

### Spectrum Exercise – Isabel

Alisha and Brian log Isabel's behavior for the earlier and later parts of the day.

Two exercises help viewers identify whether Isabel was cooperative or noncompliant during each of the events that Alisha and Brian recorded in their log.

### Next Steps for Isabel

Dr. Delaney provides next steps Trent and Shelly can take to encourage Isabel to cooperate:

- Consider why Isabel is being noncompliant
- Actively listen to Isabel
- Show respect for Isabel's feelings
- Compromise with Isabel

## Heather & Gracie

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In the fourth case study, Dr. Delaney interviewed Heather about Gracie, her 8-year-old niece.

- Parents died in a car accident
- Too mouthy at school

### Spectrum Exercise – Gracie

Heather logs Heather's behavior for the earlier and later parts of the day.

An exercise helps viewers identify whether Gracie was cooperative or noncompliant during each of the events that Heather recorded in her log.

## Next Steps for Gracie

Dr. Delaney provides next steps Heather can take to teach Gracie cooperate and self-assert in different settings:

- Explain to Gracie that there are different rules for home and school
- Meet with Gracie's teacher to discuss concerns and develop a plan
- Introduce the plan to Gracie and role-play the rules

## General Steps & Conclusion

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Offers tips for helping all children build their ability to assert themselves.